



ACTIVITIES REPORTS



Activities reports are activities organized by each partner organization of the PROMORIVER Project in order to achieve the key competences and the aims of the Project.

Some of the activities were based on the case studies, according with the conditions and experience of the each partner.



RIVERS & CONSERVATION



1. Tree Planting on the banks of the Tinto river, 24 November 2013—ASPEA—Portugal

Around 80 people from the population resident around the Tinto river, volunteers from the Projecto Rios—ASPEA, Quercus and also partners from the Promoriver Project participated in this activity, in which 100 trees, namely oaks, alders, and other riparian species were planted.

The activity was intended to improve the biodiversity and quality of the environment around the Tinto river banks, and also to raise awareness to river pollution and deforestation.

The participants also cleaned the banks and river bed of garbage and debris.

Members from local authorities (town hall, municipality) and from local media (TV) were present and sensitized to the importance of this kind of activities.

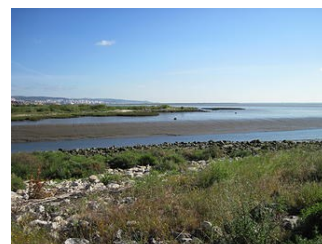
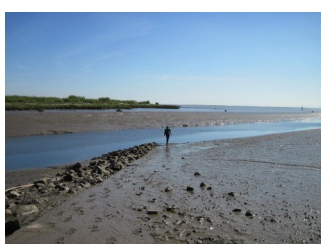


2. Monitoring of the Trancão River 29 April 2014—ASPEA—Portugal

Members from ASPEA and volunteers joined in a monitoring activity of the Trancão river. This river, located in the eastern part of Lisbon, was formerly considered as one of the most polluted rivers in Europe, since previously household and industrial waste was sent into the river without treatment. As this area was requalified for the 1998 World Fair, a sewage treatment plant was built, and many of the industrial facilities that once existed in the river banks were scrapped.

In order to try to understand if those measures had a real impact in this river's environment, the team followed the river from its mouth towards the inland, observing the river banks and also taking water samples in three different spots.

To analyze the water samples, to identify the animals and plants, and also to describe the river, the "Projecto Rios" - River Project—ASPEA kit was used.



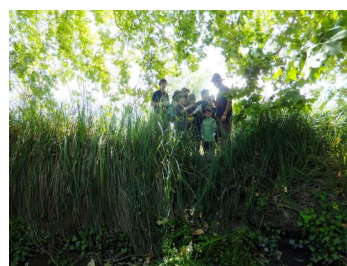
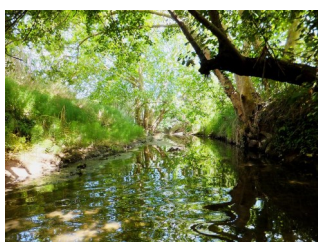
3. Monitoring and Cleaning of the Coina Creek

24 November 2013—ASPEA—Portugal

A group of nearly 50 people, from ASPEA, ELEVA-te, and Vila do Conde Scouts, took part in the monitoring of the Coina Creek - a small Tagus River sub-effluent, located in the town of Coina (Setúbal district)

While the majority of the group walked along the river bed and banks, cleaning garbage and debris - with support of the municipality to collect the garbage - two smaller groups monitored two different locations of the creek, to try to check its condition (pollution, biodiversity, etc.).

The groups tried to identify the creek's biodiversity, and also to identify possible pollution sources, and to check the water quality. For this, and to check also for other parameters the "Projecto Rios" kit was used.



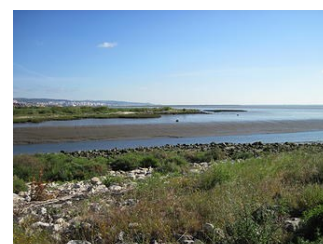
4. Monitoring of the Trancão River

29 April 2014—ASPEA—Portugal

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5. Plantation on Moita Ecological Farm

1 March 2015 — ASPEA — Portugal

ASPEA has a partnership with ADENEX, another Environmental Association from Spain. Every year a plantation of indigenous trees is organized in each country. This year the plantation was organized in Portugal under the PROMO-RIVER Project with the objective of reducing the carbon footprint of the project.

There were 35 people involved who participated enthusiastically in the plantation. 300 trees were planted



6. Knowing the mouth of the Lizandro River

22 April 2015 — ASPEA — Portugal

On 22th of April 2015, ASPEA celebrates Earth's Day on the mouth of the Lizandro River, with a group of students of the Professional School of Ericeira. We monitored the mouth of the river following some of the steps of the Projeto Rio's methodology and we also cleaned some spots of the banks of the river. We evaluated the state of conservation with some chemical analyses, such as pH, Temp, nitrates, etc., but also by observing the local flora and fauna.



7. Improving of „Prosecký potok“

5 September 2014 —ARNIKA— Czech Republic

This activity is a part of „Adopt the River“ scheme. Prosecký potok was adopted by local office of British Council. On 5th September, 25 of employees met at the stream to clean wastes along the stream, remove sediments from sedimentation pools and improve morphology (create meanders) in lower part of the stream. They also created two new pools alongside the stream



8. Conference River Landscape

15 October 2014 —ARNIKA— Czech Republic

Traditional conference River Landscape was held in Brno on 15-17 October, 2014. The conference promotes the view, that we cannot see river and surrounding landscape as a two separate things – it is actually one interconnected whole. Two days of lectures and one-day excursion was this year attended by 65 participants – scientists, hydro-technicians, landscape designers, conservationists and landowners. Part of the conference was also a demonstration of educational model of natural and heavily-modified floodplain (based on sections of Luznice river).



9. Tree Planting in Cehovice “

10 April 2015—ARNIKA—Czech Republic

As a finishing part of river restoration project, we plant trees and native grass species in locality Cehovice (Czech Republic). Within 7 days, we planted 1025 trees and disseminated grass seeds in area of about 0,8 hectares.



10. Conference River Landscape

15 October 2014—ARNIKA—Czech Republic

Edirneriver workshop organized by Association for Promoting Edirne and Tourism on 18th Jan 2015 and the officials who are authorized about the rivers were all invited. The Promoriver project executives, the official authorities, the line faculty and the university students took part in this workshop. They discussed the protection activities for the rivers in Edirne where the three rivers meeting point and the people live together within the rivers. The workshop began with the presentations and giving general information about the promoriver project by the connecting person, Assoc. prof. Emel GONENC GULER and the projects representative of the Edirne Association, Bulent BACIOGLU and following with the presentations about the geography structure of the rivers in Edirne and around by university teachers. Those presentations were reported in the end of the meeting in the discussion and recommendation session. The current protection position of Edirne Rivers, the probably threatens for the rivers, precautionsshould be taken were written in the main part of the report. Especially the flood which has become international problem for Edirne handled. In the workshop all the participant pointed that the flood should be examined as geographical. In the end of the workshop, all the participants were agree with the must of the legally authorized associations about rivers should follow a sustainable managing way for protecting the rivers.





RIVERS & PUBLIC PARTICIPATION ACTIVITIES



1. March for the rivers

24 May 2014—ASPEA— Portugal

Promoriver participated in the wide range of activities undertaken during the 5th National Meeting of the Projeto Rios - seminars, workshops, monitoring and cleaning of the river - in Rio Tinto. About 60 persons, mostly students and teachers, but also local people and volunteers from NGOs, were involved in the "River March", with the goal to raise awareness for the rivers and for the need to protect them, but also to enjoy them.

During the march, children sang and shouted slogans about the protection of the river.



2. Manifestation with Descent of the Douro River on rafts

5 July 2014—ASPEA— Portugal

On 5th and 6th July 2014 OPE - Organization for Promotion of Ecoclubes, organized the Environmental Manifestation with Descent of the Douro River on rafts, as well as walk by the banks of the river watching the rafts. This initiative aims primarily environmental awareness raising to the issues related to rivers and the water either to the direct participants and for the general population as well as promoting cooperation among environmental movements and associations. The descent of the Douro River on rafts is not a race, it is a manifestation and a form of public participation in order to sensitize the general population. The rafts were built by the participants themselves using reused materials: plastic bottles, cans, pallets, textiles, etc. and in the sail or panel we could see one or more messages of environmental awareness, preferably related to the themes of rivers and water.



3.Public participation on Trancão River

29 November 2014—ASPEA– Portugal

A group of nearly 20 people, members of ASPEA, CAAL (Outdoor Activities Club) and other participants, joined together in a cleaning activity of the Trancão River. The team followed the valley of the river from its mouth to the inland, along the river bed and banks, cleaning garbage and debris, observing the biodiversity and human made impacts in different critical spots .



4. Photo challenge “Around the Noéme River”

5 June 2015—ASPEA– Portugal

The Photo Challenge “Around Noéme river” was organized by the Regional Center of QERCUS in Guarda, with the partnership of ASPEA within the Project PROMORIVER, also the Cultural Association MACA and the FotoClube of Guarda within the commemorations of their 3º anniversary. The aim of the activity was to evidence the state of conservation of the Noéme River.



5. Meeting of Stream Patrons

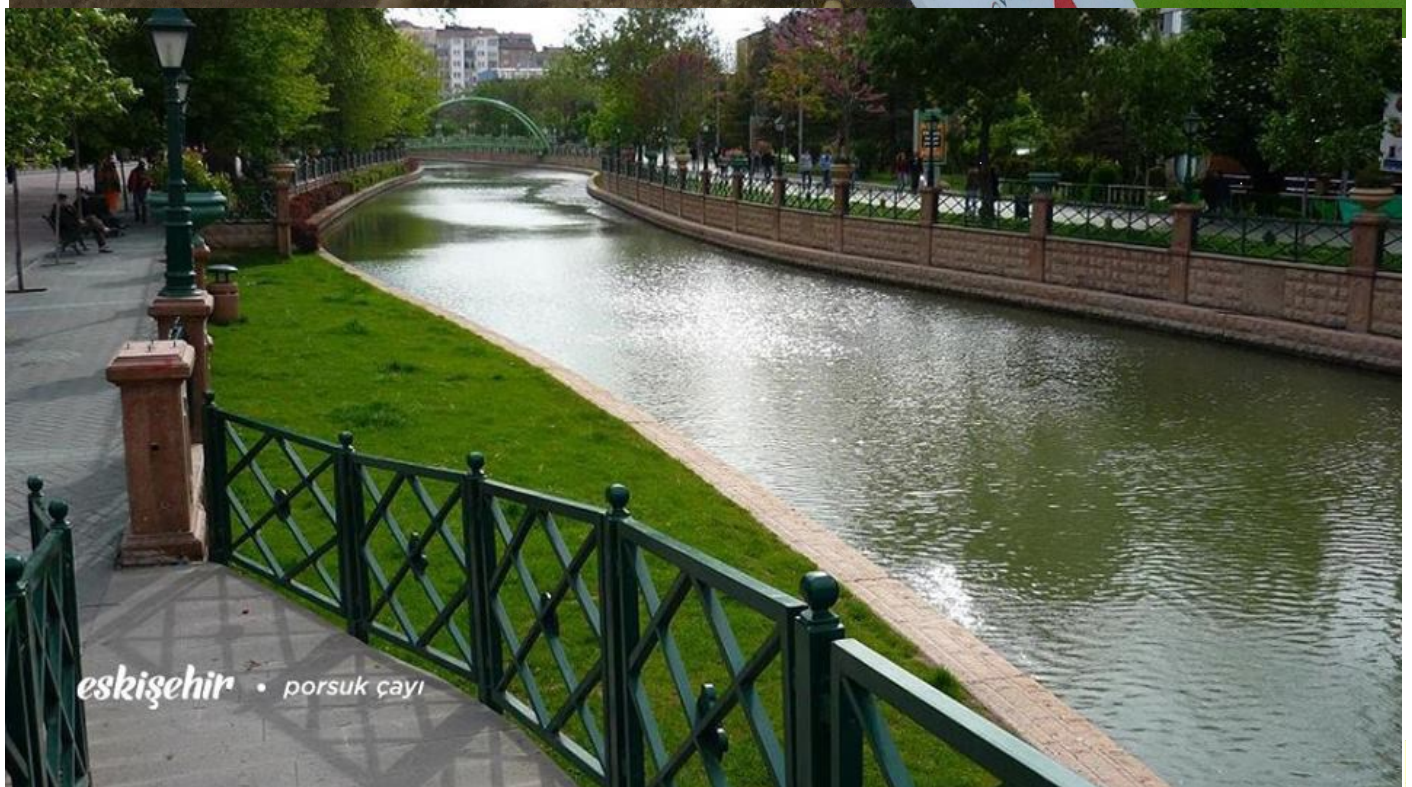
25 September 2015—ARNIKA—Czech Republic

A group of nearly 20 people, members of ASPEA, CAAL (Outdoor Activities Club) and other participants, joined together in a cleaning activity of the Trancão River. The team followed the valley of the river from its mouth to the inland, along the river bed and banks, cleaning garbage and debris, observing the biodiversity and human made impacts in different critical spots .





RIVERS & ARTS AND CULTURE ACTIVITIES



1.Drawing by the Tagus Estuary

2 June 2015—ASPEA– Portugal

On the 29th of May and 2nd of June of 2014, a group of 29 students from the Santa Maria College went to the Tagus Park, on the right bank of the Tagus river estuary in order to learn about the area. Through a walk and several proposed activities (bird watching, mud sampling), they learned about estuaries and their importance to biodiversity and fisheries resources, and observed the most common invertebrates and birds from the Tagus estuary fauna.

One of the activities the participants were engaged in was Painting with Mud. Students collected mud to prepare the inks and used twigs as pencils to do drawings using the Tagus estuary as scenario.

In summary, we found that we can easily observe the Tagus estuary biodiversity in Lisbon, namely flamingos, and use nature resources to express our creativity.



2.“Lafista: the valley of myths”

10 November 2013—ASPEA– Portugal

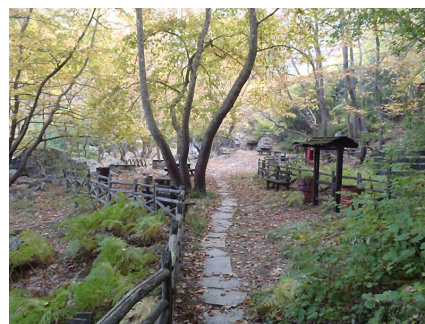
On the 10th of November of 2013, 22 members of Varosi Organization, visited Velvento, Kozani, to participate at the event "Lafista, the valley of myths" co organized by “Varosi” and the “Velvento Center for Environmental Education”. The participants were presented with a local myth, which is normally presented as an activity for children, adapted for adults. This myth incorporates elements of environmental protection, water quality and soil erosion.



3. Photo and Painting Exhibition “The river: a part of our life”

3 May 2015 VAROSI—GREECE

On the framework of Edessa meeting for the Promoriver project, Varosi organized a painting exhibition regarding the water element in our daily lives. For this reason, we invited people over the local press, as well as via internet, and mouth-to-mouth, to contribute with their paintings under the above theme. Two local art schools, one for adults and one mainly for teenagers contributed with their members' works on rivers, as well some individuals, exceeding the number of 25 exhibited paintings/drawings. Our aim with this exhibition, was to make people more aware of the interaction they have with the rivers in our town, and the extent to which they influence our daily lives. In that sense, we expected to make them more aware of their value and the need for them to be more involved in leisure activities nearby the water element, by using it as inspiration for their creative spirit, as well as more environmentally sensible, making them more active as citizens of the town.



4. Big Jump 2015

12 July 2015 ARNIKA—Czech Republic

In Prague, celebration of European River Swimming Day (Big Jump) took place on several places. Most of participants visited the Big Jump event on the bank of Moldau river in the centre of Prague. During the afternoon and the evening participants can see the exhibition „Rivers and Floods“, focused on best practises examples in land use planning. The grown-ups could take part in knowledge quiz, children could make a toy-boat. Also the exhibition of model of the floodplain attracted interest. Precisely in 3:00 p.m. people jumped to the river. In the evening, there were musical and theatrical performances. The event was supported also by politicians and sportsman.





RIVERS & ECOTOURISM ACTIVITIES



1. Discovery of the source of the Alviela River

9 March 2014—ASPEA_Portugal

On the 9th of March of 2014, a group of 9 people with an interest in nature and photography went to the source of the Alviela River in order to know the area. Through a walk, we learned about the biodiversity of the area, its geomorphology and the resources available.

The river starts in a place called Olhos de Água, in Alcanena (Portugal) and despite being a river with just 46km, the source is found in karst caves, making it very important in Portugal.

In this area, we also visited the Living Science Centre (Carsoscópio), where we could watch a movie about the formation of the Alviela River, amongst other things.

In summary, we found a nice place where we learned a little more about what a river can offer us.



2. Environmental Trail “Following the stream of the river”

9 October 2013—VAROSI—GREECE

25 teachers of environmental education, as well as other members of the Varosi organization, participated at the event which was co-organized by Politistikos Syllogos “Varosi” and the Administration for Primary Education of the Prefecture of Pella. Elisavet Fragkou gave a lecture on “Environmental trail: Walking upstream from the Waterfalls up to the Byzantine Bridge” and Konstantina Tamoutseli gave a lecture on “Experiential approaches-activities for the river ecosystem”, having a very active role in the activity.

The participants followed the river bank route upstream pinpointing at four different spots, their observations regarding the flora species, the human intervention, the direct correlation with the river and the ecosystem, while also taking pictures.

The workshop aimed in offering the participants with the opportunity to enjoy the experience of walking through the environmental trail and make their statements/proposals for raising environmental awareness in river ecosystems through team activities.

ΗΜΕΡΙΔΑ :
ΑΚΟΛΟΥΘΩΝΤΑΣ
ΤΟ ΡΕΜΑ ΤΟΥ
ΠΟΤΑΜΟΥ

9 ΟΚΤΩΒΡΙΟΥ 2013

ΩΡΕΣ :
5:00μμ - 8:00μμ

**ΠΕΡΙΒΑΛΛΟΝΤΙΚΟ
ΜΟΝΟΠΑΤΙ :**
ΑΠΟ ΤΟΥΣ
ΚΑΤΑΡΡΑΚΤΕΣ ΜΕΧΡΙ
ΤΗ ΒΥΖΑΝΤΙΝΗ ΓΕΦΥΡΑ

ΔΙΟΡΓΑΝΩΣΗ :
ΠΟΛΙΤΙΣΤΙΚΟΣ ΣΥΛΛΟΓΟΣ
“ΒΑΡΟΣΙ” ΕΔΕΣΣΑΣ
ΔΙΕΥΘΥΝΣΗ Α/ΘΜΙΑΣ
ΕΚΠ/ΣΗΣ Π.Ε. ΠΕΛΛΑΣ



3. Boat trip “The secrets of the Wetland”

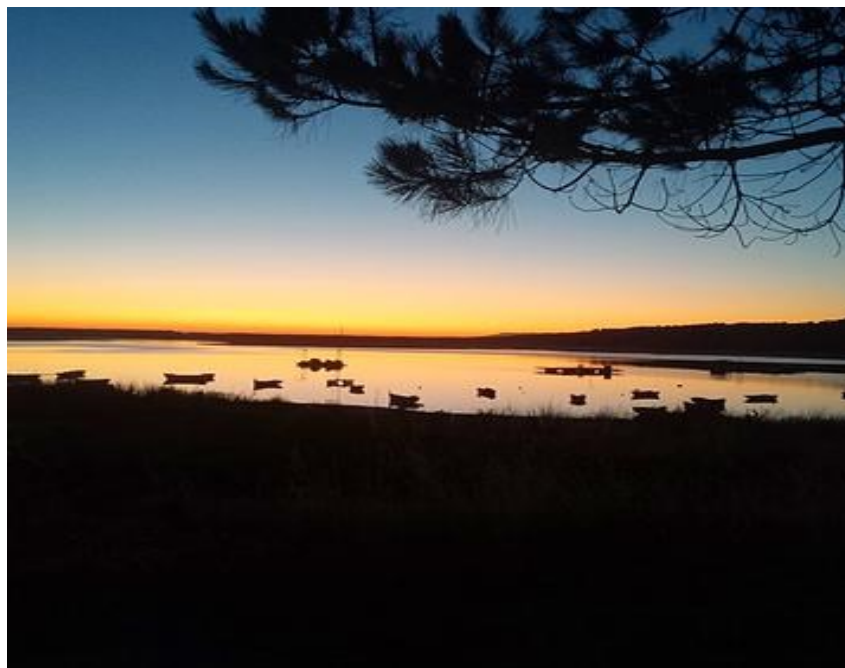
8 October 2014— VAROSI—Greece

To honour the European Bird Watch members of “Varosi”, “Caretakers Greece” and “neoSOS”, gathered on the 5th October 2014 (please see the attached activity form) at the Agras-Vryta-Nisi wetland (in total around 25 people, ten of them under the age of 18) and enthusiastically participated at a boat trip, during which the importance of the wetland and its preservation for the sake of ecosystems was highlighted and different kinds of endemic species of birds were identified. A brief introduction preceded the actual boat trip and prepared the participants for what would follow.

4. Night Walk in the Albufeira Lagoon

12 July 2014—ASPEA_Portugal

The objective of this activity was to identify the different species of birds in the Albufeira lagoon in Lisbon. It is a protected area with very good facilities in the margins of the lagoon for bird watching. The striking thing about this activity is that it was late in the day; so part of the walk was at night. That is, the first part was the bird watching activity and after the walk. We learned about the importance of the protection of the bird's habitats (in this case, na aquatic ecosystem) for their conservation.





RIVERS & SPORTS ACTIVITIES



1. Olo River

18 January 2014—ASPEA_Portugal

For two days, the Mountain Activities Association of Vila Real organised an activity which consisted of a tour around the Olo River, in the Natural Park of the Serra de Alvão. The river starts in the Alvão Natural Park, a place known for "Fisgas" (fissures) and flows for 35.9 kilometres down the river Tamega (an affluent of the Douro River). Following the trail we learnt about the biodiversity and the geomorphology near the river. The area is very nice and has good conditions for the creation of tourist trails, using them as a different way to get to know a rural area. This is because the river flows through villages, old water mills, bridges and other points of interest.



2. Finding the Lizandro River

29 March 2014—ASPEA_Portugal

ASPEA joined the Hiking Path Group "Novos Trilhos" in order to discover and meet new paths that run along the Lizandro River.

The trail was about 32 km length, and the group sometimes passed by existing paths and other times had to pass trails that were not defined yet, thus leading the group to learn how to create a path along a river, although due to the geomorphology of the area that was not always easy.



3. Canoe and Kayak in Meric River

**17 April 2014— Association for Promoting Edirne and Tourism
(Turkey)**

On the behalf of the tourism week activities which are held between 17th and 22nd of April in Turkey every year, , on April 17, 2014, an activity was organized by the Promotion and Tourism Association of Edirne" ETTDER and Edirne Outdoor Sports Club Association -EDOSK in Meric (Maritza) River ,Edirne City.

Edirne is very close to Turkish-Bulgarian-Greek borders. In addition to its historical and cultural features, it has very important position as the junction point of three rivers Tundja, Maritza and Arda rivers. These three rivers running in one as Meriç River, is known with their floods. The aim of this activity was to draw attention to sports and tourism on rivers. A seven kilometer tour was organized with 7 canoes and 14 participants. This successful activity attracted a lot of interest of the people and the country's media



If you want to learn more about the project, go to:

<http://promoriver2014.wix.com/promoriver>